

Safety reminders 6-9 months

- Anchor furniture—baby is pulling up now.
- Keep floor area soft for safe falls.
- Monitor treasure baskets (no tiny objects).
- Secure wall mirrors.
- Water play requires constant supervision.



6-9 months milestones

GROSS MOTOR

- Sit without using hands for support
- Sitting to reach objects
- Roll both ways consistently
- Push with hands on tummy time
- Begin army crawling
- Crawling on hands and knees
- Pull to stand
- Begin cruising along furniture
- Sit from lying position

LANGUAGE

- Always responds to name
- Understands some words e.g. mama, dada, up, no
- Babbles ba-ba da-da ma-ma
- Experiments with tone, pitch
- Uses sounds to express needs and excitement
- Imitates simple sounds
- Shows interest in books
- Understands simple gestures (wave, arms up)

FINE MOTOR

- Develops a raking grasp
- Uses a radial palmar grasp
- Transfers objects hand-to-hand
- Uses both hands to hold toys
- Rotates wrists to explore toys
- Pokes objects with index finger
- Begins early pincer grasp
- Bangs two objects together
- Practices intentional release (placing objects *into* containers)

COGNITIVE

- Object permanence (looks for hidden items)
- Solves simple problems (How to get this toy?)
- Experiments with consequences repeatedly
- Knows familiar faces, routines, objects
- Begins matching actions to outcomes (posting, dropping, retrieving)
- Understands spatial concepts like "in," "out," "on," "under"

SENSORY

- Tracks moving objects smoothly
- Shows strong interest in textures, surfaces, and materials
- Explores objects through mouthing, tapping, and rubbing
- Responds to sounds directionally
- Becomes more sensitive to new sensory experiences (warm, cold, rough, smooth)

SOCIAL /EMOTIONAL

- Preference for familiar caregivers (stranger anxiety)
- Laughs and smiles socially, expresses more emotions
- Plays peekaboo
- Shows interest in children
- Enjoys mastery (repeats actions proudly)
- Begins showing independence (refusing, reaching, choosing)

ADAPTIVE

- Begins self-feeding with hands
- Holds cup with both hands
- Attempts to use spoon
- Participates in diaper changes and dressing by offering arms/legs
- Shows preference for certain foods or textures
- Attempts to put objects away or hand them to adults





Montessori Ball Push Box (Push-Through Object Permanence Box)

Baby pushes a ball through a hole into the box. The ball disappears, then reappears inside the drawer or compartment when pulled open. Baby repeats the sequence, learning cause-and-effect, memory, and intentional posting.

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COGNITIVE

SENSORY

FINE MOTOR

ADAPTIVE



Coin Push Box

Show baby how to hold the coin and push it through the slot. Baby practices grasping the disc, aligning it with the slot, and releasing it. The coin drops into the box and is retrieved by opening a door or tray. Supports posting skills, precision, and object permanence.

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Peg Posting Block (Start With Single Peg)

Baby practices placing 1 peg into a single hole. Introduces precision work and accurate hand placement.

Add more pegs as the baby grows.

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Stacking Rings (Start with One Ring Only)

Begin with one ring, then introduce a second. Baby practices placing ring onto peg – excellent for coordination and precision.

Add more rings as the baby grows.

[Buy similar](#)



Nesting Cups (Start with 3-Piece Basic Set)

Baby explores cups by banging, mouthing, placing one inside another, or dumping them out. Introduces early spatial concepts.

Add more cups as the baby grows.

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Montessori Ball Tracker (Single Ramp)

Place the ball and let baby watch it roll down slowly. Introduce early concentration and tracking.

Upgrade to a multi-level ramp when baby is ready.

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Hammering Ball Toy

Show baby how to hit ball with mallet to make it drop. Baby practices gripping, aim, and cause-and-effect. (Supervised)

[Buy similar](#)



Hammering Peg Toy

Show baby how to hit a peg with mallet to make it drop. Baby practices gripping, aim, and cause-and-effect. (Supervised)

Start with one peg and add as the baby grows.

[Buy similar](#)



Jumbo Knob Puzzle (Start With One Shape)

Present one shape at a time at first (start with the circle). Baby grasps knob using whole-hand grip, lifts piece, explores it, and places it back into the correct slot. Later introduce all 3 shapes together.

Add more shapes as the baby grows.

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